

## **NCAA Division I Cross Country/Track and Field Recruiting Calendar**

**August 1, 2016, through July 31, 2017**

**(See NCAA Division I Bylaw 13.17.8 for Cross Country/  
Track and Field Calendar Formula)**

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|---|----------------|
| (a) August 1-13, 2016:  | Quiet Period   |
| (b) August 14 through December 11, 2016 [except (1) and (2) below]:     | Contact Period |
| (1) November 7-10, 2016:  | Dead Period    |
| (2) November 19, 2016:  | Dead Period    |
| (c) December 12, 2016, through January 2, 2017 [except for (1) below]:  | Quiet Period   |
| (1) December 14-17, 2016:   | Dead Period    |
| (d) January 3 through July 31, 2017 [except for (1) through (3) below]: | Contact Period |
| (1) March 10-11, 2017:  | Dead Period    |
| (2) April 10-13, 2017:  | Dead Period    |
| (3) June 7-10, 2017:  | Dead Period    |